



Shawn Hennigan, MD Surgery Pain Medication Protocol

Prior to surgery:

7 days prior to surgery:

1. Start your ***gabapentin*** prescription (patient specific dose).
 - Take 1 tablet at nighttime starting 1 week prior to surgery. Starting date of surgery increase to 1 tablet twice a day (AM and PM). Continue the gabapentin until prescription and refills are complete.

After Surgery:

Post-op Days 1-2:

1. ***Oxycodone 5mg***: Take 1-2 tablets every 4-6 hours as needed for pain.
2. ***Gabapentin***: Take 1 tablet twice daily (unless instructed otherwise)
3. Start an over the counter anti-inflammatory medication such as ***Aleve, Naproxen, Ibuprofen, or Advil***.
(Take only if able to tolerate. Do not take if you are on a blood thinner.)
 - ***Aleve/Naproxen Sodium 220 mg tablets***: Take 2 tablets twice a day
 - ***Ibuprofen/Advil 200 mg tablets***: Take 400 mg up to 6 times a day
4. ***Extra Strength Tylenol/Acetaminophen 500mg tablets***: You may take up to 4,000mg per day.
 - 2 tablets every 6 hours = 4,000mg/day

*****All above medications are safe to take simultaneously*****

Post-op Days 3-10:

1. ***Oxycodone 5mg***: Decrease to 1-2 tablets at nighttime only until prescription is gone.
2. ***Gabapentin***: Continue 1 tablet twice daily (unless instructed otherwise).
3. Continue anti-inflammatory medication ***Aleve, Advil, Ibuprofen, or Naproxen*** (if able and not on blood thinners)
4. Continue ***Extra Strength Tylenol/Acetaminophen***: 2 tablets every 6 hours, a max of 4,000 mg a day.

After Post-op Day 10:

1. ***Gabapentin***: Continue 1 tablet twice daily (unless instructed otherwise) until prescription and refills are gone.
2. Continue anti-inflammatory medication ***Aleve, Advil, Ibuprofen, or Naproxen*** (if able to tolerate and not on blood thinners)
3. Continue ***Extra Strength Tylenol/Acetaminophen***: 2 tablets every 6 hours, a max of 4,000 mg a day.