



Shawn Hennigan, MD Surgery Pain Medication Protocol

Prior to surgery:

7 days prior to surgery:

1. Start your ***gabapentin*** 300 mg tablet prescription.
 - Take 1 tablet at nighttime starting 1 week prior to surgery. Increase to 1 tablet twice a day the day of surgery. Continue the gabapentin until prescription and refills are complete.

After Surgery:

Post-op Days 1-2:

1. **Percocet 5/325:** Take 1-2 tablets every 4 hours as needed for pain.
2. **Gabapentin 300 mg:** Take 1 tablet twice daily (unless instructed otherwise)
3. Start an over the counter anti-inflammatory medication such as **Aleve, Naproxen, Ibuprofen, or Advil.** (Take only if able to tolerate. Do not take if you are on a blood thinner.)
 - **Aleve/Naproxen Sodium 220 mg tablets:** Take 2 tablets twice a day
 - **Ibuprofen/Advil 200 mg tablets:** Take 400 mg up to 6 times a day

Post-op Days 3-10:

1. **Percocet 5/325:** Decrease to 1-2 tablets at nighttime only until prescription is gone.
2. **Gabapentin 300 mg:** Continue 1 tablet twice daily (unless instructed otherwise).
3. Continue anti-inflammatory medication **Aleve, Advil, Ibuprofen, or Naproxen** (if able and not on blood thinners)
4. Start over the counter **Extra Strength Tylenol/ Acetaminophen 500 mg tablets.** You should take up to 4,000 mg/day
 - Taking 2 tablets every 6 hours = 4,000 mg per day (Keep in mind that each Percocet tablet has 325 mg of Tylenol in it)

After Post-op Day 10:

1. **Gabapentin 300 mg:** Continue 1 tablet twice daily (unless instructed otherwise) until prescription and refills are gone.
2. Continue anti-inflammatory medication **Aleve, Advil, Ibuprofen, or Naproxen** (if able to tolerate)
3. Continue Extra Strength Tylenol/Acetaminophen 500 mg tablets: 2 tablets every 6 hours, a max of 4,000 mg a day.