

Shawn Hennigan, MD Surgery Pain Medication Protocol

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Prior to surgery:

1. Start your **Mobic** prescription the night prior to surgery
 - Take 1 full tablet the night prior to surgery. Starting the day of surgery, take a ½ tablet twice daily (AM and PM). Take this until your 1st follow up appointment, and then as needed.

*****It is important to avoid taking other anti-inflammatory medications such as Advil, Ibuprofen, Aleve, Naproxen, Celebrex, ect, while on this prescription*****

2. Start your **gabapentin** prescription 1 week prior to surgery.
 - Take 1 tablet at nighttime starting 1 week prior to surgery. Starting the day of surgery, increase to 1 tablet twice daily (AM and PM). Take this until your 1st follow up appointment.

After Surgery:

Post-op Days 1-2:

1. **Oxycodone 5mg:** Take 1-2 tablets every 4-6 hours as needed for pain.
2. **Mobic:** Continue a ½ tablet twice daily.
3. **Gabapentin:** Continue 1 tablet twice daily
4. **Extra Strength Tylenol/Acetaminophen 500mg tablets:** You may take 2 tablets every 6 hours as needed, not to exceed 4,000mg per day.

*****All above medications are safe to take simultaneously*****

Post-op Days 3-10:

1. **Oxycodone 5mg:** Decrease to 1-2 tablets at nighttime only until prescription is gone
2. **Mobic:** Continue a ½ tablet twice daily.
3. **Gabapentin:** Continue 1 tablet twice daily
4. Continue **Extra Strength Tylenol/Acetaminophen:** 2 tablets every 6 hours as needed, a max of 4,000mg per day.

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